

All Saints Catholic Academ

Feb

2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Early Dismissal
11:15
First Friday

4

Turkey Meatballs
Pasta, Sauce
Wheat Bread
Peas and Carrots
Peaches

5

Chicken Nuggets
Roasted Potatoes
Mixed Vegetables
Whole Wheat Bread
Pears
BBQ Sauce

6

Cheese Pizza
Carrot Sticks
Broccoli Florets
Mandarin Oranges
Ranch Dressing

7

Macaroni and Cheese
Broccoli
Whole Wheat Bread
Fresh Banana

8

Turkey Hot Dog on a Whole Wheat Bun
Cheese Stick
Baked Beans
Mashed Sweet Potatoes
Fresh Apple

11

Chicken Taco's w/
Cheese, Salsa,
Lettuce, Tomatoes
Refried Beans
Brown Rice
Pineapple Chunks

12

Cheeseburger on a Whole Wheat Bun
California Blend Vegetables
Fresh Apple
Ketchup

13

Cheese Pizza
Tossed Salad w/Tomatoes,
Cucumbers, Carrots
Pears
Ranch Dressing

14

Turkey Club Wrap
w/Lettuce, Tomato,
Cheese, Bacon Bits
Roasted Potatoes
Brown Rice
Fresh Orange
Ranch Dressing

15

Chicken Nuggets
Roasted Sweet Potatoes
Broccoli
Whole Wheat Bread
Peaches

18

Winter Recess
NO SCHOOL
JMU Camp Available

19

Winter Recess
NO SCHOOL
JMU Camp Available

20

Winter Recess
NO SCHOOL
JMU Camp Available

21

Winter Recess
NO SCHOOL
JMU Camp Available

22

Winter Recess
NO SCHOOL
JMU Camp Available

25

Baked Chicken, BBQ Sauce
Mashed Potatoes
Peas & Carrots
Whole Wheat Bread
Mandarin Oranges

26

Breaded Fish on a Whole Wheat Bun
Cheese Stick
California Blend Vegetables
Fresh Apple

27

Cheese Pizza
Tossed Salad w/Tomatoes,
Cucumbers, Carrots
Fresh Banana
Ranch Dressing

28

Cheeseburger on a Whole Wheat Bun
Baked Beans
Broccoli
Fresh Orange
Oatmeal Raisin Cookie

**FEBRUARY
LUNCH ORDERS
DUE
JANUARY 18th**

8oz Fat Free Chocolate and 1% White Milk is provided at every meal

*** Menu is subject to change without notice ***

This institution is an equal opportunity employer

Meals Provided by Senior Services of Albany 518-465-6465 and menu reviewed by Lester Rosenzweig, MS, RDN, CDN (1/4/19)