

# All Saints Catholic Academy

# September 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<b>Labor Day</b>	<b>Superintendent's Conference Day</b>	<b>Cheese Pizza</b> Tossed Salad w/Tomatoes, Cucumbers, Carrots Pears Ranch Dressing	<b>Turkey Club Wrap</b> w/Lettuce, Tomato, Cheese, Bacon Bits Roasted Potatoes Brown Rice Fresh Orange Ranch Dressing	<b>Early Dismissal</b>
9	10	11	12	13
<b>Beef Goulash</b> with Macaroni and Sauce California Blend Vegetables Whole Wheat Bread Pineapple Chunks Spread	<b>Turkey Hot Dog</b> on a Whole Wheat Bun Cheese Stick Green Beans Refried Beans Peaches Mustard & Ketchup	<b>Cheese Pizza</b> Celery Sticks Carrot Sticks Fresh Apple Ranch Dressing	<b>Ham &amp; Cheese Sandwich on Wheat Bread</b> Salad with Tomato, Cucumbers, & Carrots Mandarin Oranges Mustard	<b>Macaroni and Cheese</b> Broccoli Whole Wheat Bread Fresh Orange Chocolate Chip Cookie Spread
16	17	18	19	20
<b>Chicken Parmesan with Sauce</b> Spaghetti Peas & Carrots Whole Wheat Bread Mandarin Oranges	<b>Breaded Fish</b> on a Whole Wheat Bun Cheese Stick California Blend Vegetables Fresh Apple Ketchup Tartar Sauce	<b>Cheese Pizza</b> Tossed Salad w/Tomatoes, Cucumbers, Carrots Fresh Banana Ranch Dressing	<b>Cheeseburger</b> on a Whole Wheat Bun Baked Beans Broccoli Fresh Orange Oatmeal Raisin Cookie Ketchup	<b>Beef Taco's w/</b> Cheese, Salsa, Lettuce, Tomatoes Refried Beans Brown Rice Pineapple Chunks
23	24	25	26	27
<b>Turkey Meatballs</b> Pasta, Sauce Wheat Bread Peas and Carrots Peaches Spread	<b>Chicken Nuggets</b> Roasted Potatoes Mixed Vegetables Whole Wheat Bread Pears BBQ Sauce Spread	<b>Cheese Pizza</b> Carrot Sticks Broccoli Florets Mandarin Oranges Ranch Dressing	<b>(2) Lasagna Roll Ups with Sauce</b> Broccoli Whole Wheat Bread Fresh Banana Spread	<b>Turkey Hot Dog</b> on a Whole Wheat Bun Cheese Stick Baked Beans Mashed Sweet Potatoes Fresh Apple Mustard & Ketchup
30				
<b>Chicken Taco's w/</b> Cheese, Salsa, Lettuce, Tomatoes Refried Beans Brown Rice Pineapple Chunks	<b>Lunch Orders and payment due by Monday August 19th</b>			

*\*8oz Fat Free Chocolate and 1% White Milk is provided at every meal\**

*\*\* Menu is subject to change without notice \*\**

*This institution is an equal opportunity employer*

*Meals Provided by LifePath Kitchen 518-465-6465*

*Menu by Lester Rosenzweig, MS, RDN, CDN (7/2/19)*