

All Saints Catholic Academy

March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
All Orders must be received by Friday, February 15th Firm				1 st Friday Early Dismissal 11:15 am ASP Available
4	5	6	7	8
Turkey Meatballs Pasta, Sauce Wheat Bread Peas and Carrots Peaches	Chicken Nuggets Roasted Potatoes Mixed Vegetables Whole Wheat Bread Pears BBQ Sauce	Macaroni and Cheese Broccoli Whole Wheat Bread Fresh Banana <i>Ash Wednesday</i>	Turkey Hot Dog on a Whole Wheat Bun Cheese Stick Baked Beans Mashed Sweet Potatoes Fresh Apple	Cheese Pizza Carrot Sticks Broccoli Florets Mandarin Oranges Ranch Dressing
11	12	13	14	15
Chicken Taco's w/ Cheese, Salsa, Lettuce, Tomatoes Refried Beans Brown Rice Pineapple Chunks	Cheeseburger on a Whole Wheat Bun California Blend Vegetables Fresh Apple	Chicken Nuggets Roasted Sweet Potatoes Broccoli Whole Wheat Bread Peaches	Turkey Club Wrap w/Lettuce, Tomato, Cheese, Bacon Bits Roasted Potatoes Brown Rice Fresh Orange	Cheese Pizza Tossed Salad w/Tomatoes, Cucumbers, Carrots Pears Ranch Dressing
18	19	20	21	22
Beef Taco's w/ Cheese, Salsa, Lettuce, Tomatoes Refried Beans Brown Rice Pineapple Chunks	Turkey Hot Dog on a Whole Wheat Bun Cheese Stick Green Beans Mashed Potatoes Peaches	Cheese Pizza Celery Sticks Carrot Sticks Fresh Apple Ranch Dressing	Ham & Cheese Sandwich on Wheat Bread Salad with Tomato, Cucumbers, & Carrots Mandarin Oranges	No School Diocesan Teacher Development Day
25	26	27	28	29
Baked Chicken, BBQ Sauce Mashed Potatoes Peas & Carrots Whole Wheat Bread Mandarin Oranges	Breaded Fish on a Whole Wheat Bun Cheese Stick California Blend Vegetables Fresh Apple	Beef Taco's w/ Cheese, Salsa, Lettuce, Tomatoes Refried Beans Brown Rice Pineapple Chunks	Cheeseburger on a Whole Wheat Bun Baked Beans Broccoli Fresh Orange Oatmeal Raisin Cookie	Cheese Pizza Tossed Salad w/Tomatoes, Cucumbers, Carrots Fresh Banana Ranch Dressing

8oz Fat Free Chocolate or 1% White Milk is provided at every meal

*** Menu is subject to change without notice ** This institution is an equal opportunity employer
Meals Provided by Senior Services of Albany 518-465-6465 Menu reviewed by Lester Rosenzweig, MS, RDN, CDN
(2/5/19)*