

All Saints Catholic Academy

January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dec 31	Jan 1	2	3	4
NO SCHOOL Vacation	NO SCHOOL New Year's Day Happy 2019	Cheese Pizza Tossed Salad w/Tomatoes, Cucumbers, Carrots Fresh Banana Ranch Dressing	Cheeseburger on a Whole Wheat Bun Baked Beans Broccoli Fresh Orange Oatmeal Raisin Cookie Ketchup	First Friday 11:15 Dismissal ASP Available
7	8	9	10	11
Turkey Meatballs Pasta, Sauce Wheat Bread Peas and Carrots Peaches Spread	Chicken Nuggets Roasted Potatoes Mixed Vegetables Whole Wheat Bread Pears BBQ Sauce Spread	Cheese Pizza Carrot Sticks Broccoli Florets Mandarin Oranges Ranch Dressing	Macaroni and Cheese Broccoli Whole Wheat Bread Fresh Banana Spread	Turkey Hot Dog on a Whole Wheat Bun Cheese Stick Baked Beans Mashed Sweet Potatoes Fresh Apple Mustard & Ketchup
14	15	16	17	18
Chicken Taco's w/ Cheese, Salsa, Lettuce, Tomatoes Refried Beans Brown Rice Pineapple Chunks	Cheeseburger on a Whole Wheat Bun California Blend Vegetables Fresh Apple Ketchup	Cheese Pizza Tossed Salad w/Tomatoes, Cucumbers, Carrots Pears Ranch Dressing	Turkey Club Wrap w/Lettuce, Tomato, Cheese, Bacon Bits Roasted Potatoes Brown Rice Fresh Orange Ranch Dressing	Chicken Nuggets Roasted Sweet Potatoes Broccoli Whole Wheat Bread Peaches Dipping Sauce
21	22	23	24	25
NO SCHOOL Martin Luther King Jr. Day	Turkey Hot Dog on a Whole Wheat Bun Cheese Stick Green Beans Mashed Potatoes Peaches Mustard & Ketchup	Cheese Pizza Celery Sticks Carrot Sticks Fresh Apple Ranch Dressing	Ham & Cheese Sandwich on Wheat Bread Salad with Tomato, Cucumbers, & Carrots Mandarin Oranges Mustard	Mac and Cheese Wheat Bread Broccoli Fresh Orange Chocolate Chip Cookie
28	29	30	31	
Baked Chicken, BBQ Sauce Mashed Potatoes Peas & Carrots Whole Wheat Bread Mandarin Oranges	Breaded Fish on a Whole Wheat Bun Cheese Stick California Blend Vegetables Fresh Apple Ketchup Tartar Sauce	Cheese Pizza Tossed Salad w/Tomatoes, Cucumbers, Carrots Fresh Banana Ranch Dressing	Cheeseburger on a Whole Wheat Bun Baked Beans Broccoli Fresh Orange Oatmeal Raisin Cookie Ketchup	DUE to Office

by DECEMBER 18th

8oz Fat Free Chocolate and 1% White Milk is provided at every meal

*** Menu is subject to change without notice ***

*This institution is an equal opportunity employer
Meals Provided by Senior Services of Albany 518-465-6465 and
menu reviewed by Lester Rosenzweig, MS, RDN, CDN (12/4/18)*